



Specifications	StepWatch 5 	StepWatch 4 
Size	42 x 49 x 13 mm	75 x 48 x 14 mm
Weight	20 grams	41 grams
Accurate step detection	✓	✓
Resolution of step data	seconds	seconds
Communication method	Bluetooth transmission of stepping activity to mobile app	Bluetooth transmission of stepping activity to mobile app
Compatible software	Modus RE, CR, CC	SW4 RE, Modus RE, CR, CC
Water proof	IPX8	IP67
Battery life without uploads	15 days	30 days
Battery rechargeable	Standard Qi wireless charging	Standard Qi wireless charging
Step activity storage on StepWatch	Data storage is 27 - 365 days (depends on activity level of participant)	Data storage is 12 - 41 days (depends on activity level of participant)
LED battery level indicator	✓	X
LED mode indicator	✓	X
Accurate when worn upside down	✓	X
Strap thickness	1 inch (woven nylon/velcro)	1.5 inch (elastic/velcro)
Comfort covers	✓ (one size)	✓ (small & medium-large)
2 years of warranty	✓	✓